

UPMC Mission Effectiveness Community Health Screenings

Wednesday, June 26
10 a.m. to noon
Carlisle Family YMCA
311 S. West St., Carlisle, PA 17013



FREE AND OPEN TO THE PUBLIC

The UPMC Mission Effectiveness team will be offering free health screenings to the community, ages 18 and older, at Carlisle Family YMCA, including:

- Blood pressure screening
- Body mass index (BMI) measurement
- Non-fasting blood glucose test

REGISTRATION IS NOT REQUIRED.

If you have any questions, please contact:

Rich Harris

community programs educator, UPMC, at
717-991-9933 or **harrisrw@upmc.edu**

UPMC LIFE
CHANGING
MEDICINE